It's time for SmartHealth Week

Smart[♥]Health

SmartHealthWeek
[June 6 – June 12]

Complete the SmartHealth Week **Veggies Activity** by June 12 and **earn 200 points**.

June 6 - June 12

Here's how the Activity works

- Log in, or register, to SmartHealth
- Join the Veggies Activity
- Eat three different vegetables, each day, on five separate days
- Feel great and earn 200 points

www.smarthealth.hca.wa.gov