It's time for SmartHealth Week

Smart ♥ Health

SmartHealthWeek

[June 6 – June 12]

Complete the SmartHealth Week **Steps Activity** by June 12 and **earn 200 points**.

June 6 -
June 12

Here's how the Activity works

- Log in, or register, to SmartHealth
- Join the Steps Activity
- Track at least 7,000 steps (via the Activity tile)
- Feel great and earn 200 points

www.smarthealth.hca.wa.gov